

# next

Insights from the Next paper titled:  
Flux Benefits: The employer-employee  
relationship and plan sponsorship  
in a post-pandemic Canada



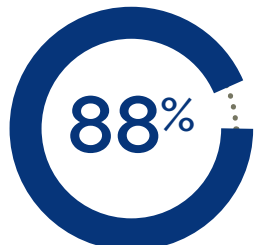
## Evolving work trends: Insights from 1,500+ working Canadians

Discover what 1,535 Canadian workers say about their changing work dynamics and expectations of their employer.

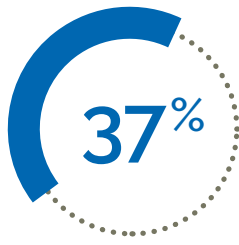
To access all the findings, read the full Next paper.

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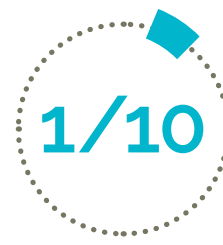
## The work landscape has shifted since 2020



88%  
of working  
Canadians say  
that the pandemic  
changed the way  
they work



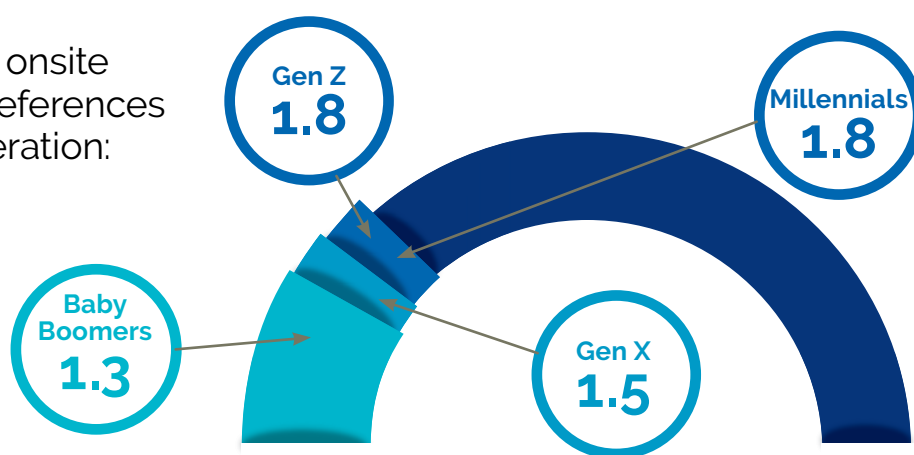
37%  
of working  
Canadians say  
they are more  
conscious of  
work-life balance



1/10  
Canadians  
working remotely  
are ready to  
return to the  
office full-time

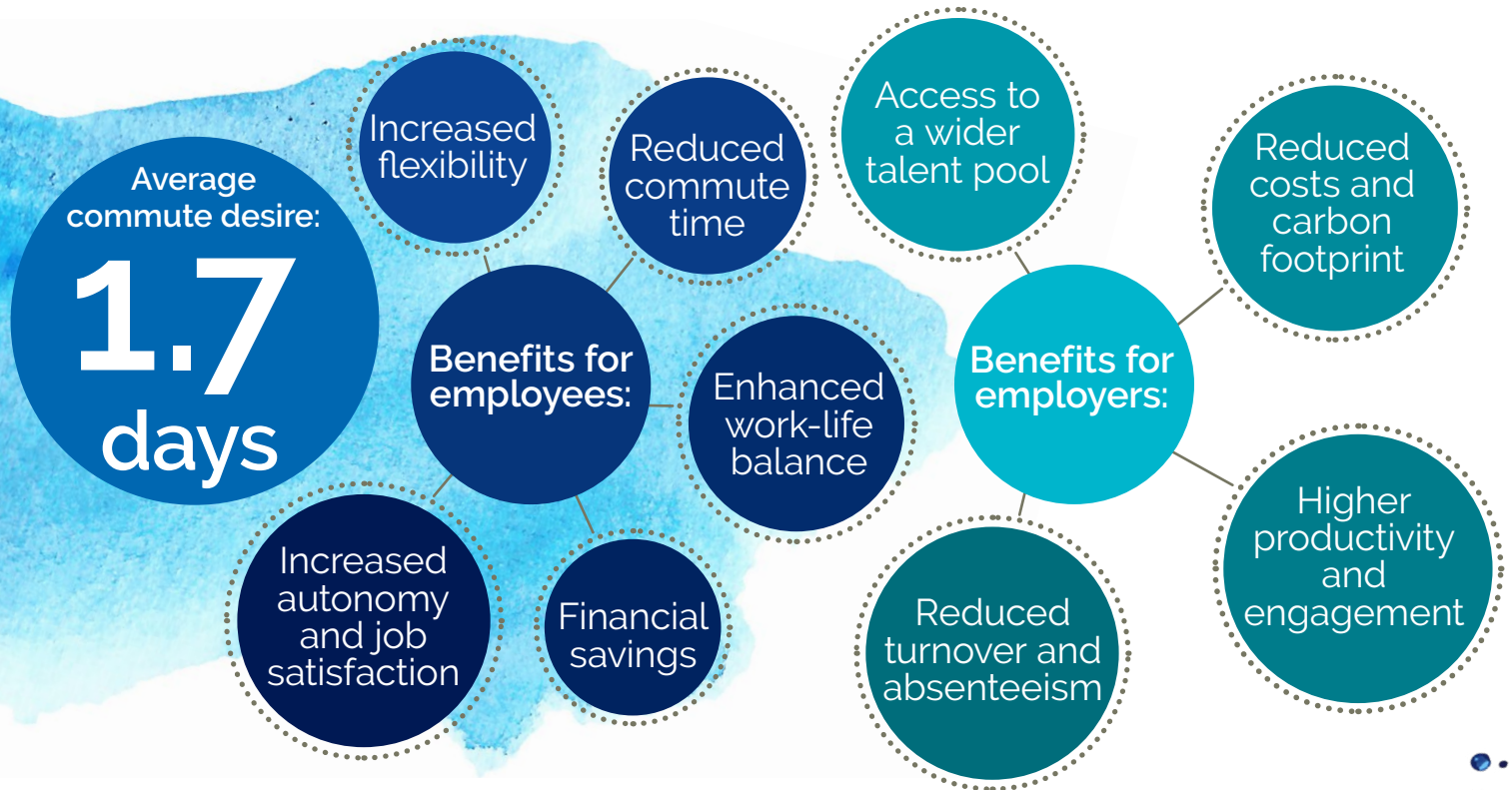
## Work patterns are evolving for each generation

Weekly onsite work preferences by generation:



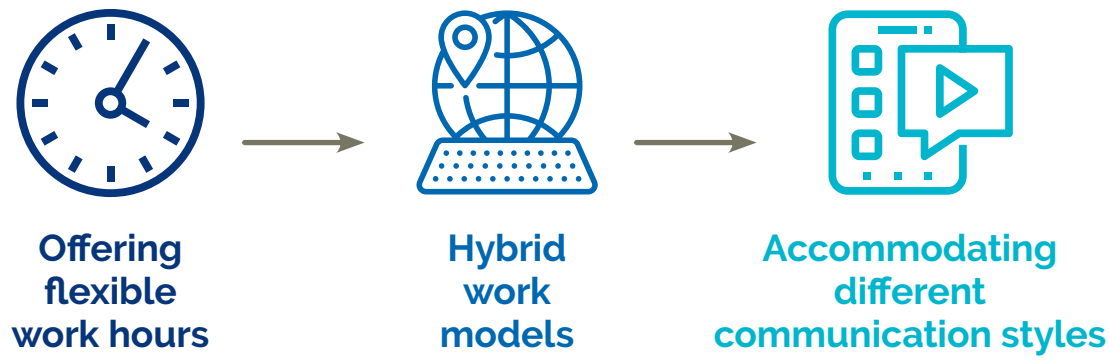
Millennials and Gen Z lead the charge with a stronger desire for onsite work, while Baby Boomers prefer remote work.

## Canadians are embracing remote work



## Adapting to change

A one-size-fits-all approach won't work in today's evolving work landscape. Tailored strategies should consider the unique needs of the workforce, including:



## Explore the full paper

Interested in how your employee benefits plan can respond to these evolving work trends? Read our full Next paper for insights and strategies to adapt and thrive in the new world of work.

[Read the full Next paper.](#)